

Central Washington University ScholarWorks@CWU

Track and Field

Sports Statistics and Histories

2-19-2011

Great Northwest Athletic Conference Indoor Track and Field Championships, Heats

Great Northwest Athletic Conference

Follow this and additional works at: http://digitalcommons.cwu.edu/cwu_track_field

Recommended Citation

Great Northwest Athletic Conference, "Great Northwest Athletic Conference Indoor Track and Field Championships, Heats" (2011). *Track and Field*. Book 393.
http://digitalcommons.cwu.edu/cwu_track_field/393

This Book is brought to you for free and open access by the Sports Statistics and Histories at ScholarWorks@CWU. It has been accepted for inclusion in Track and Field by an authorized administrator of ScholarWorks@CWU.

Licensed to Western Oregon University HY-TEK's Meet Manager 2/16/2011 03:1
2011 Great NW Athletic Conference - 2/18/2011 to 2/19/2011
Indoor Track & Field Championships
Jackson Center, Northwest Nazarene University
Meet Program

Event 17 Women 60 Meter Dash

=====

Friday 2/18/2011 - 7:05 PM

| | Name | Year School | Seed rel |
|--------|----------------------|-----------------|----------|
| ===== | | | |
| Heat 1 | Prelims | | |
| 1 | | | |
| 2 | 51 Zukowski, Megan | SR W Washington | 8.00 |
| 3 | 188 Grammer, Melissa | SO NW Nazarene | 8.02 |
| 4 | 148 Halle, Erika | JR Msu-Billings | 8.17 |
| 5 | 118 Takayoshi, Sarah | SO Central Wash | 8.20 |
| 6 | 349 McClung, Madison | FR W Oregon | 7.84 |
| 7 | | | |
| 8 | | | |

Heat 2 Prelims

| | | | |
|---|------------------------|-----------------|------|
| 1 | | | |
| 2 | 105 Genther, Chelsea | FR Central Wash | 8.24 |
| 3 | 194 Leonce, Christabel | JR NW Nazarene | 8.00 |
| 4 | 350 Meusec, Lacey | SR W Oregon | 8.15 |
| 5 | 250 Sims, Crystal | SR Seattle Pac | 8.03 |
| 6 | 282 Channell, Jane | SR Simon Fraser | 7.84 |
| 7 | | | |
| 8 | | | |

Heat 3 Prelims

| | | | |
|---|-----------------------|-----------------|------|
| 1 | | | |
| 2 | 114 Ramos, Alexis | FR Central Wash | 8.29 |
| 3 | 2 Bjornsson, Tanya | SO W Washington | NT |
| 4 | 242 Mitchell, Kishia | FR Seattle Pac | 7.95 |
| 5 | 275 Abrahms, Andrea | JR Simon Fraser | 8.15 |
| 6 | 256 Wochnick, BryAnne | FR Seattle Pac | 7.98 |
| 7 | 342 Campbell, Shanai | FR W Oregon | 8.13 |
| 8 | | | |

Event 25 Women 200 Meter Dash

=====

Saturday 2/19/2011 - 1:10 PM

| | Name | Year School | Seed |
|-----------|------------------------|-----------------|-------|
| ===== | | | |
| Section 1 | Timed Finals | | |
| 1 | | | |
| 2 | 257 Worthen, Ali | JR Seattle Pac | 26.92 |
| 3 | 347 Kathrein, Sarah | SO W Oregon | 26.88 |
| 4 | 354 Pola, Lexi | SO W Oregon | 26.72 |
| 5 | 256 Wochnick, BryAnne | FR Seattle Pac | 26.88 |
| 6 | 159 Simons, Justine | JR Msu-Billings | 26.92 |
| Section 2 | Timed Finals | | |
| 1 | | | |
| 2 | | | |
| 3 | 250 Sims, Crystal | SR Seattle Pac | 26.61 |
| 4 | 248 Quatier, Emily | SO Seattle Pac | 26.42 |
| 5 | 51 Zukowski, Megan | SR W Washington | 26.50 |
| 6 | 350 Meusec, Lacey | SR W Oregon | 26.70 |
| Section 3 | Timed Finals | | |
| 1 | | | |
| 2 | | | |
| 3 | 148 Halle, Erika | JR Msu-Billings | 26.27 |
| 4 | 194 Leonce, Christabel | JR NW Nazarene | 26.10 |
| 5 | 188 Grammer, Melissa | SO NW Nazarene | 26.19 |
| 6 | 349 McClung, Madison | FR W Oregon | 26.30 |
| Section 4 | Timed Finals | | |
| 1 | | | |
| 2 | | | |
| 3 | 42 Siler, Eleanor | JR W Washington | 25.94 |
| 4 | 280 Carter, Breanne | SR Simon Fraser | 25.88 |
| 5 | 282 Channell, Jane | SR Simon Fraser | 25.93 |
| 6 | 242 Mitchell, Kishia | FR Seattle Pac | 26.05 |

Event 21 Women 400 Meter Dash

=====

Saturday 2/19/2011 - 12:15 PM

| | Name | Year School | Seed |
|-----------|------------------------|-----------------|---------|
| ===== | | | |
| Section 1 | Timed Finals | | |
| 1 | | | |
| 2 | | | |
| 3 | 27 McDonald, Alexandra | SO W Washington | NT |
| 4 | 6 Brownell, Sarah | SR W Washington | 1:00.96 |
| 5 | 341 Butcher, Meryl | JR W Oregon | 1:01.93 |

| | | | |
|---|-------------------|-----------------|----|
| 6 | 283 Crofts, Helen | JR Simon Fraser | NT |
|---|-------------------|-----------------|----|

Section 2 Timed Finals

1

2

| | | | |
|---|---------------------|-----------------|---------|
| 3 | 183 Decker, Elisa | SR NW Nazarene | 1:00.58 |
| 4 | 346 Hayward, Annie | SR W Oregon | 1:00.39 |
| 5 | 8 Coffey, Sydney | FR W Washington | 1:00.56 |
| 6 | 113 Pitassi, Seanna | FR Central Wash | 1:00.60 |

Section 3 Timed Finals

1

| | | | |
|---|-----------------------|-----------------|---------|
| 2 | 252 Valentine, Myisha | JR Seattle Pac | 1:00.19 |
| 3 | 26 Ledtke, Valle | JR W Washington | 59.80 |
| 4 | 354 Pola, Lexi | SO W Oregon | 59.18 |
| 5 | 356 Reid, Kaitlyn | SR W Oregon | 59.50 |
| 6 | 198 Rippy, Shanna | SO NW Nazarene | 1:00.12 |

Section 4 Timed Finals

1

| | | | |
|---|-----------------------|-----------------|-------|
| 2 | 256 Wochnick, BryAnne | FR Seattle Pac | 59.07 |
| 3 | 280 Carter, Breanne | SR Simon Fraser | 58.46 |
| 4 | 42 Siler, Eleanor | JR W Washington | 56.32 |
| 5 | 242 Mitchell, Kishia | FR Seattle Pac | 57.38 |
| 6 | 248 Quatier, Emily | SO Seattle Pac | 58.67 |

Event 23 Women 800 Meter Run 6-back 3-frt

=====

Saturday 2/19/2011 - 12:50 PM

| Name | Year School | Seed |
|------|-------------|------|
|------|-------------|------|

=====

Section 1 Timed Finals

| | | | |
|---|----------------------|-----------------|---------|
| 1 | 238 Fricker, McKayla | FR Seattle Pac | 2:17.06 |
| 2 | 348 Leaf, Jenny | FR W Oregon | 2:21.92 |
| 3 | 285 Dell, Caitlin | FR Simon Fraser | 2:17.94 |
| 4 | 30 O'Connell, Megan | SR W Washington | 2:19.65 |
| 5 | 187 Evans, Natalie | FR NW Nazarene | 2:18.24 |
| 6 | 150 Jackson, Sarah | JR Msu-Billings | 2:20.22 |
| 7 | 295 Vogt, Abbey | FR Simon Fraser | 2:17.93 |
| 8 | 106 Kartes, Taylor | FR Central Wash | 2:22.95 |

9

Section 2 Timed Finals

| | | | |
|---|--------------------------|-----------------|---------|
| 1 | 289 Kane, Michaela | SO Simon Fraser | 2:13.76 |
| 2 | 344 Everetts, Janelle | JR W Oregon | 2:15.96 |
| 3 | 279 Butterworth, Lindsey | FR Simon Fraser | 2:14.07 |

| | | | |
|---|---------------------|-----------------|---------|
| 4 | 278 Brennan, Olivia | SR Simon Fraser | 2:15.26 |
| 5 | 22 Johnson, Rachael | SR W Washington | 2:15.23 |
| 6 | 340 Applebee, Annan | SR W Oregon | 2:14.80 |
| 7 | 296 Vogt, Emma | JR Simon Fraser | 2:15.31 |
| 8 | 288 Kane, Brianna | SR Simon Fraser | 2:11.89 |
| 9 | 293 Sawatzky, Sarah | FR Simon Fraser | 2:16.17 |

Event 19 Women 1 Mile Run

=====

Saturday 2/19/2011 - 11:35 AM

| | Name | Year School | Seed |
|-----------|--------------------------|-----------------|---------|
| ===== | | | |
| Section 1 | Timed Finals | | |
| 1 | 237 Cutting, Allison | FR Seattle Pac | 5:04.13 |
| 2 | 358 Snawder, Erika | SR W Oregon | 5:19.37 |
| 3 | 319 Minton, Joscelyn | JR St. Martin's | 5:09.15 |
| 4 | 160 Thiel, Katie | SR Msu-Billings | 5:19.28 |
| 5 | 155 Mickelsen, Whitney | JR Msu-Billings | 5:13.68 |
| 6 | 315 Copeland, Erika | FR St. Martin's | 5:20.62 |
| 7 | 276 Barker, Madeleine | FR Simon Fraser | 5:19.20 |
| 8 | 240 Laabs-Johnson, Heidi | SO Seattle Pac | 5:12.66 |
| 9 | 196 Puga, Jaclyn | SR NW Nazarene | 5:04.27 |
| 10 | 281 Carviel, Heather | FR Simon Fraser | 5:15.59 |
| 11 | 345 Everetts, Megan | JR W Oregon | 5:21.35 |
| 12 | 294 Smith, Jessica | SR Simon Fraser | NT |
| 13 | 161 Wald, Shena | SR Msu-Billings | 5:29.15 |
| 14 | 109 Mendoza, Adriana | JR Central Wash | 5:38.10 |
| 15 | 351 Morrison, Tricia | SR W Oregon | 5:21.49 |

Event 27 Women 5000 Meter Run

=====

Saturday 2/19/2011 - 1:45 PM

| | Name | Year School | Seed |
|-----------|------------------------|-----------------|----------|
| ===== | | | |
| Section 1 | Timed Finals | | |
| 1 | 34 Porter, Sarah | SR W Washington | 16:12.68 |
| 2 | 40 Rogers, Mary | SO W Washington | NT |
| 3 | 4 Breihof, Lauren | SR W Washington | 17:43.21 |
| 4 | 343 Cecchi, KayAnna | JR W Oregon | NT |
| 5 | 155 Mickelsen, Whitney | JR Msu-Billings | 18:58.03 |
| 6 | 255 Wilkins, Kayla | JR Seattle Pac | NT |
| 7 | 5 Brisky, Sierra | JR W Washington | NT |

| | | | |
|----|----------------------|-----------------|----------|
| 8 | 156 Owen, Mary | SO Msu-Billings | 19:20.38 |
| 9 | 196 Puga, Jaclyn | SR NW Nazarene | NT |
| 10 | 247 Plunkett, Natty | JR Seattle Pac | 17:37.24 |
| 11 | 3 Boyer, Jessica | JR W Washington | NT |
| 12 | 297 Webster, Kristyn | JR Simon Fraser | 19:14.03 |
| 13 | 321 Pecha, Kaitlynn | JR St. Martin's | NT |
| 14 | 286 Doerksen, Kim | FR Simon Fraser | 18:58.55 |
| 15 | 318 Llapitan, Ashley | SO St. Martin's | NT |
| 16 | 360 Wright, Amanda | JR W Oregon | 18:14.09 |
| 17 | 17 Hartnett, Phoebe | JR W Washington | NT |

Event 15 Women 60 Meter Hurdles

Friday 2/18/2011 - 6:40 PM

| | Name | Year School | Seed rel |
|----------------|--------------------------|-----------------|----------|
| Heat 1 Prelims | | | |
| 1 | | | |
| 2 | 352 Mosher, Ali | JR W Oregon | 9.50 |
| 3 | 27 McDonald, Alexandra | SO W Washington | 9.50 |
| 4 | 182 Bennett, Jill | JR NW Nazarene | 9.79 |
| 5 | 200 Smith, Marie | FR NW Nazarene | 9.25 |
| 6 | 195 Pridgen, Laura | SO NW Nazarene | 9.76 |
| 7 | 250 Sims, Crystal | SR Seattle Pac | 9.25 |
| 8 | | | |
| Heat 2 Prelims | | | |
| 1 | | | |
| 2 | 19 Holton, Brooklyn | SO W Washington | 9.74 |
| 3 | 12 Dodd, Amber | FR W Washington | 9.55 |
| 4 | 275 Abrahms, Andrea | JR Simon Fraser | 9.20 |
| 5 | 105 Genther, Chelsea | FR Central Wash | 9.86 |
| 6 | 359 Vander Meulen, Janna | JR W Oregon | 9.48 |
| 7 | 249 Schumacher, Terra | SR Seattle Pac | 9.32 |
| 8 | | | |
| Heat 3 Prelims | | | |
| 1 | | | |
| 2 | 114 Ramos, Alexis | FR Central Wash | 9.67 |
| 3 | 257 Worthen, Ali | JR Seattle Pac | 9.34 |
| 4 | 2 Bjornsson, Tanya | SO W Washington | 9.06 |
| 5 | 246 Pike, Jenifer | SR Seattle Pac | 9.62 |
| 6 | 356 Reid, Kaitlyn | SR W Oregon | 9.35 |
| 7 | | | |

Event 29 Women 4x400 Meter Relay

Saturday 2/19/2011 - 2:20 PM

| School | Seed | Final |
|--------|------|-------|
|--------|------|-------|

Section 1 Timed Finals

1

2

| | |
|------------------------------|----------------------------|
| 3 St. Martin's 'A' | 4:27.19 |
| 1) 315 Copeland, Erika FR | 2) 317 Laweryson, Annie SR |
| 3) 319 Minton, Joscelyn JR | 4) 320 Owen, Karissa SR |
| 4 Central Washington 'A' | 4:10.90 |
| 1) 112 Parrott, Kaitlyn FR | 2) 106 Kartes, Taylor FR |
| 3) 108 Lotze, Katharine SO | 4) 113 Pitassi, Seanna FR |
| 5 Montana State Billings 'A' | 4:11.74 |
| 1) 146 Berry, Leah FR | 2) 150 Jackson, Sarah JR |
| 3) 159 Simons, Justine JR | 4) 148 Halle, Erika JR |
| 5) 157 Pitt, Stacey FR | 6) |

6

Section 2 Timed Finals

1

| | |
|-----------------------------|-----------------------------|
| 2 Western Oregon 'A' | 4:03.46 |
| 1) 340 Applebee, Annan SR | 2) 347 Kathrein, Sarah SO |
| 3) 354 Pola, Lexi SO | 4) 356 Reid, Kaitlyn SR |
| 5) 341 Butcher, Meryl JR | 6) 344 Everetts, Janelle JR |
| 7) 350 Meusec, Lacey SR | 8) |
| 3 Seattle Pacific 'A' | 4:00.89 |
| 1) 252 Valentine, Myisha JR | 2) 248 Quatier, Emily SO |
| 3) 242 Mitchell, Kishia FR | 4) 257 Worthen, Ali JR |
| 5) 254 Weaver, Lisa FR | 6) |
| 4 Simon Fraser 'A' | 3:52.65 |
| 1) 280 Carter, Breanne SR | 2) 283 Crofts, Helen JR |
| 3) 288 Kane, Brianna SR | 4) 289 Kane, Michaela SO |
| 5) 296 Vogt, Emma JR | 6) 294 Smith, Jessica SR |
| 5 Western Washington 'A' | 3:56.99 |
| 1) 42 Siler, Eleanor JR | 2) 8 Coffey, Sydney FR |
| 3) 26 Ledtke, Valle JR | 4) 51 Zukowski, Megan SR |
| 5) 6 Brownell, Sarah SR | 6) |
| 6 Northwest Nazarene 'A' | 4:01.68 |
| 1) 188 Grammer, Melissa SO | 2) 183 Decker, Elisa SR |

- | | |
|------------------------------|--------------------------|
| 3) 198 Rippy, Shanna SO | 4) 187 Evans, Natalie FR |
| 5) 189 Harwood, Christine SO | 6) |

Event 31 Women Distance Medley

=====

Friday 2/18/2011 - 7:30 PM

| | | |
|--------|------|-------|
| School | Seed | Final |
|--------|------|-------|

=====

Section 1 Timed Finals

- | | |
|----------------------------|----------------------------|
| 1 | |
| 2 Western Washington 'A' | NT |
| 1) 22 Johnson, Rachael SR | 2) 42 Siler, Eleanor JR |
| 3) 30 O'Connell, Megan SR | 4) 34 Porter, Sarah SR |
| 3 St. Martin's 'A' | NT |
| 1) 315 Copeland, Erika FR | 2) 317 Laweryson, Annie SR |
| 3) 319 Minton, Joscelyn JR | 4) 320 Owen, Karissa SR |
| 4 Central Washington 'A' | NT |
| 1) 106 Kartes, Taylor FR | 2) 112 Parrott, Kaitlyn FR |
| 3) 110 Morgan, Connie FR | 4) 109 Mendoza, Adriana JR |

5

6

Section 2 Timed Finals

- | | |
|------------------------------|--------------------------------|
| 1 | |
| 2 Western Oregon 'A' | NT |
| 1) 348 Leaf, Jenny FR | 2) 357 Skordahl, Zoe JR |
| 3) 344 Everetts, Janelle JR | 4) 351 Morrison, Tricia SR |
| 5) 341 Butcher, Meryl JR | 6) |
| 3 Seattle Pacific 'A' | 12:37.41 |
| 1) 237 Cutting, Allison FR | 2) 238 Fricker, McKayla FR |
| 3) 254 Weaver, Lisa FR | 4) 240 Laabs-Johnson, Heidi SO |
| 4 Simon Fraser 'A' | 12:00.66 |
| 1) 278 Brennan, Olivia SR | 2) 279 Butterworth, Lindsey FR |
| 3) 283 Crofts, Helen JR | 4) 288 Kane, Brianna SR |
| 5) 289 Kane, Michaela SO | 6) 280 Carter, Breanne SR |
| 7) 294 Smith, Jessica SR | 8) 296 Vogt, Emma JR |
| 5 Northwest Nazarene 'A' | 12:17.15 |
| 1) 187 Evans, Natalie FR | 2) 183 Decker, Elisa SR |
| 3) 189 Harwood, Christine SO | 4) 196 Puga, Jaclyn SR |
| 5) 202 Swenson, Meagan SO | 6) |
| 6 Montana State Billings 'A' | 12:51.98 |
| 1) 160 Thiel, Katie SR | 2) 150 Jackson, Sarah JR |
| 3) 159 Simons, Justine JR | 4) 155 Mickelsen, Whitney JR |

5) 148 Halle, Erika JR

6)

Event 4 Women High Jump

=====

Saturday 2/19/2011 - 11:15 AM

| | Name | Year School | Seed Mark |
|-----------------|------------------------|-----------------|-----------|
| ===== | | | |
| Flight 1 Finals | | | |
| 1 | 157 Pitt, Stacey | FR Msu-Billings | 1.59m |
| 2 | 324 Yoro, Taylor | FR St. Martin's | 1.48m |
| 3 | 257 Worthen, Ali | JR Seattle Pac | 1.68m |
| 4 | 31 Overdick, Amanda | SO W Washington | 1.58m |
| 5 | 146 Berry, Leah | FR Msu-Billings | 1.54m |
| 6 | 111 Napiontek, Shelby | FR Central Wash | 1.55m |
| 7 | 239 Gross, Katy | SO Seattle Pac | 1.65m |
| 8 | 238 Fricker, McKayla | FR Seattle Pac | 1.53m |
| 9 | 277 Barnett, Rachelle | SR Simon Fraser | 1.63m |
| 10 | 8 Coffey, Sydney | FR W Washington | 1.53m |
| 11 | 287 Iworima, Diepiriye | SR Simon Fraser | 1.63m |
| 12 | 36 Ramsey, Tara | FR W Washington | 1.53m |
| 13 | 182 Bennett, Jill | JR NW Nazarene | 1.55m |
| 14 | 191 Jewett, Jasmyn | SO NW Nazarene | 1.50m |
| 15 | 251 Tri, Brittany | JR Seattle Pac | 1.48m |
| 16 | 235 Aanstad, Brittany | SR Seattle Pac | 1.63m |
| 17 | 353 Pelchar, Katie | FR W Oregon | 1.63m |
| 18 | 253 Warren, Arianna | FR Seattle Pac | 1.48m |

Event 5 Women Pole Vault

=====

Friday 2/18/2011 - 5:00 PM

| | Name | Year School | Seed Mark |
|-----------------|-----------------------|-----------------|-----------|
| ===== | | | |
| Flight 1 Finals | | | |
| 1 | 32 Palmer, Brienna | FR W Washington | 3.04m |
| 2 | 235 Aanstad, Brittany | SR Seattle Pac | NH |
| 3 | 186 Egger, Ashley | SR NW Nazarene | 3.20m |
| 4 | 107 Larsen, Jamie | SO Central Wash | 3.20m |
| 5 | 192 Konzal, Amanda | JR NW Nazarene | 3.20m |
| 6 | 316 Hull, Samantha | SO St. Martin's | 2.89m |
| 7 | 245 Peaslee, Melissa | SR Seattle Pac | 3.61m |
| 8 | 103 Clark, Becca | FR Central Wash | 3.20m |
| 9 | 117 Swigart, Hannah | SO Central Wash | 2.92m |

| | | | |
|----|-----------------------|-----------------|-------|
| 10 | 249 Schumacher, Terra | SR Seattle Pac | 3.46m |
| 11 | 35 Puckett, Amy Jo | FR W Washington | 3.01m |
| 12 | 104 Davis, Kaitlin | JR Central Wash | 3.35m |
| 13 | 1 Anderson, Karis | SO W Washington | 3.19m |
| 14 | 180 Barr, Chelsea | SO NW Nazarene | 3.50m |
| 15 | 157 Pitt, Stacey | FR Msu-Billings | 3.35m |
| | 16 | | |

Event 8 Women Long Jump

Friday 2/18/2011 - 4:15 PM

| Name | Year | School | Seed | Mark |
|-----------------|------|-----------------|-----------------|-------|
| Flight 1 Finals | | | | |
| 1 | 244 | Nye, Athena | SO Seattle Pac | ND |
| 2 | 8 | Coffey, Sydney | FR W Washington | 5.15m |
| 3 | 191 | Jewett, Jasmyne | SO NW Nazarene | 4.99m |
| 4 | 37 | Reff, Callie | SO W Washington | 5.05m |
| 5 | 250 | Sims, Crystal | SR Seattle Pac | 5.15m |
| 6 | 350 | Meusec, Lacey | SR W Oregon | ND |
| 7 | 355 | Potter, Ashley | JR W Oregon | 5.14m |
| | 8 | | | |

Flight 2 Finals

| | | | | |
|---|-----|---------------------|-----------------|-------|
| 1 | 241 | Miranda, Trinna | SO Seattle Pac | 5.32m |
| 2 | 284 | Crombeen, Charlotte | FR Simon Fraser | 5.21m |
| 3 | 287 | Iworima, Diepiriye | SR Simon Fraser | 5.44m |
| 4 | 2 | Bjornsson, Tanya | SO W Washington | 5.22m |
| 5 | 235 | Aanstad, Brittany | SR Seattle Pac | 5.28m |
| 6 | 291 | Rhode, Mercedes | FR Simon Fraser | 5.19m |
| 7 | 257 | Worthen, Ali | JR Seattle Pac | 5.34m |
| 8 | 197 | Reid, Molly | JR NW Nazarene | 5.21m |

Event 12 Women Triple Jump

Saturday 2/19/2011 - 10:00 AM

| Name | Year | School | Seed | Mark |
|-----------------|------|------------------|-----------------|--------|
| Flight 1 Finals | | | | |
| 1 | 37 | Reff, Callie | SO W Washington | 10.13m |
| 2 | 154 | McCarthy, Alexis | FR Msu-Billings | 10.21m |
| 3 | 243 | Nobbs, Natalie | JR Seattle Pac | 10.07m |
| 4 | 244 | Nye, Athena | SO Seattle Pac | 10.64m |

| | | | |
|-----------------|-------------------------|-----------------|--------|
| 5 | 197 Reid, Molly | JR NW Nazarene | 10.81m |
| 6 | 241 Miranda, Trinna | SO Seattle Pac | 10.57m |
| 7 | 19 Holton, Brooklyn | SO W Washington | 10.41m |
| Flight 2 Finals | | | |
| 1 | 355 Potter, Ashley | JR W Oregon | 11.54m |
| 2 | 146 Berry, Leah | FR Msu-Billings | 10.84m |
| 3 | 191 Jewett, Jasmyn | SO NW Nazarene | 11.36m |
| 4 | 193 Larlee, Annie | SR NW Nazarene | 10.83m |
| 5 | 322 Sackeyfio, Julianna | SO St. Martin's | 10.85m |
| 6 | 181 Bekkedahl, Maycee | SR NW Nazarene | 10.88m |
| 7 | 108 Lotze, Katharine | SO Central Wash | 11.55m |

Event 3 Women Shot Put

=====

Saturday 2/19/2011 - 11:15 AM

| Name | Year School | Seed Mark |
|------|-------------|-----------|
|------|-------------|-----------|

=====

Flight 1 Finals

| | | | |
|---|----------------------------|-----------------|--------|
| 1 | 236 Clarke, Brianna | FR Seattle Pac | 11.20m |
| 2 | 201 Smith, Marie | SR NW Nazarene | 10.63m |
| 3 | 185 Dzhidzhiyeshvil, Alla | FR NW Nazarene | 11.58m |
| 4 | 147 Grandke-Bawab, Sabrina | FR Msu-Billings | 11.58m |
| 5 | 158 Schraner, Shawnie | FR Msu-Billings | 10.86m |
| 6 | 145 Berg, Brook | SO Msu-Billings | 11.88m |
| 7 | 323 Thatcher, Elizabeth | FR St. Martin's | 10.99m |
| 8 | 149 Halvorson, Alexi | SR Msu-Billings | 11.08m |

9

Flight 2 Finals

| | | | |
|---|-----------------------|-----------------|--------|
| 1 | 292 Richardson, Jade | FR Simon Fraser | 11.91m |
| 2 | 100 Afoa, Shaina | FR Central Wash | 12.53m |
| 3 | 116 Stueckle, Jordan | SR Central Wash | 12.81m |
| 4 | 101 Baumstark, Kaylee | SO Central Wash | 11.98m |
| 5 | 153 Kujala, Morgan | FR Msu-Billings | 12.59m |
| 6 | 199 Shute, Shayna | SR NW Nazarene | 12.38m |
| 7 | 203 Warrington, Joy | JR NW Nazarene | 13.68m |
| 8 | 115 Self, Torrie | SR Central Wash | 12.99m |
| 9 | 152 Knispel, Anica | FR Msu-Billings | 12.89m |

Event 10 Women Weight Throw

=====

Friday 2/18/2011 - 4:15 PM

| Name | Year School | Seed Mark |
|------|-------------|-----------|
|------|-------------|-----------|

=====

Flight 1 Finals

| | | | |
|----|-------------------------|-----------------|--------|
| 1 | 184 Dranginis, Carly | SO NW Nazarene | 14.18m |
| 2 | 100 Afoa, Shaina | FR Central Wash | 13.57m |
| 3 | 101 Baumstark, Kaylee | SO Central Wash | 14.69m |
| 4 | 149 Halvorson, Alexi | SR Msu-Billings | 13.70m |
| 5 | 151 Kittelmann, Jamilea | FR Msu-Billings | 12.83m |
| 6 | 190 Hedrick, Alicia | SO NW Nazarene | 13.92m |
| 7 | 199 Shute, Shayna | SR NW Nazarene | 15.06m |
| 8 | 115 Self, Torrie | SR Central Wash | 16.55m |
| 9 | 152 Knispel, Anica | FR Msu-Billings | 14.55m |
| 10 | 116 Stueckle, Jordan | SR Central Wash | 15.21m |
| 11 | 48 Wells, Lindsay | FR W Washington | 13.68m |
| 12 | 203 Warrington, Joy | JR NW Nazarene | 14.63m |

Event 1 Indoor Pentathlon: #1 Women 60 Meter Hurdles

=====

Friday 2/18/2011 - 10:45 AM

=====

| Name | Year | School | Seed |
|------|------|--------|------|
|------|------|--------|------|

=====

Section 1 Timed Finals

| | | | |
|---|---------------------|-----------------|----|
| 1 | | | |
| 2 | 182 Bennett, Jill | JR NW Nazarene | NT |
| 3 | | | |
| 4 | 352 Mosher, Ali | JR W Oregon | NT |
| 5 | | | |
| 6 | 246 Pike, Jenifer | SR Seattle Pac | NT |
| 7 | | | |
| 8 | 31 Overdick, Amanda | SO W Washington | NT |

Section 2 Timed Finals

| | | | |
|---|-----------------------|-----------------|----|
| 1 | | | |
| 2 | 200 Smith, Marie | FR NW Nazarene | NT |
| 3 | | | |
| 4 | 243 Nobbs, Natalie | JR Seattle Pac | NT |
| 5 | | | |
| 6 | 102 Berg, Siri | JR Central Wash | NT |
| 7 | | | |
| 8 | 290 Padrinao, Jessica | SO Simon Fraser | NT |

Section 3 Timed Finals

| | | | |
|---|--------------------|----------------|----|
| 1 | | | |
| 2 | 195 Pridgen, Laura | SO NW Nazarene | NT |
| 3 | | | |

| | | | |
|---|-----------------------|-----------------|----|
| 4 | 239 Gross, Katy | SO Seattle Pac | NT |
| | 5 | | |
| 6 | 19 Holton, Brooklyn | SO W Washington | NT |
| | 7 | | |
| 8 | 277 Barnett, Rachelle | SR Simon Fraser | NT |

Event 1 Indoor Pentathlon: #2 Women High Jump

Friday 2/18/2011 - 11:25 AM

| | Name | Year School | Seed Mark |
|-----------------|-----------------------|-----------------|-----------|
| Flight 1 Finals | | | |
| 1 | 102 Berg, Siri | JR Central Wash | NH |
| 2 | 195 Pridgen, Laura | SO NW Nazarene | NH |
| 3 | 290 Padrinao, Jessica | SO Simon Fraser | NH |
| 4 | 246 Pike, Jenifer | SR Seattle Pac | NH |
| 5 | 182 Bennett, Jill | JR NW Nazarene | NH |
| 6 | 200 Smith, Marie | FR NW Nazarene | NH |
| 7 | 31 Overdick, Amanda | SO W Washington | NH |
| 8 | 243 Nobbs, Natalie | JR Seattle Pac | NH |
| 9 | 277 Barnett, Rachelle | SR Simon Fraser | NH |
| 10 | 239 Gross, Katy | SO Seattle Pac | NH |
| 11 | 19 Holton, Brooklyn | SO W Washington | NH |
| 12 | 352 Mosher, Ali | JR W Oregon | NH |
| | 13 | | |
| | 14 | | |
| | 15 | | |
| | 16 | | |

Event 1 Indoor Pentathlon: #4 Women Long Jump

Friday 2/18/2011 - 2:30 PM

| | Name | Year School | Seed Mark |
|-----------------|-----------------------|-----------------|-----------|
| Flight 1 Finals | | | |
| 1 | 102 Berg, Siri | JR Central Wash | ND |
| 2 | 290 Padrinao, Jessica | SO Simon Fraser | ND |
| 3 | 277 Barnett, Rachelle | SR Simon Fraser | ND |
| 4 | 31 Overdick, Amanda | SO W Washington | ND |
| 5 | 239 Gross, Katy | SO Seattle Pac | ND |
| 6 | 243 Nobbs, Natalie | JR Seattle Pac | ND |
| 7 | 195 Pridgen, Laura | SO NW Nazarene | ND |

| | | | |
|----|---------------------|-----------------|----|
| 8 | 352 Mosher, Ali | JR W Oregon | ND |
| 9 | 200 Smith, Marie | FR NW Nazarene | ND |
| 10 | 182 Bennett, Jill | JR NW Nazarene | ND |
| 11 | 19 Holton, Brooklyn | SO W Washington | ND |
| 12 | 246 Pike, Jenifer | SR Seattle Pac | ND |
| | 13 | | |
| | 14 | | |
| | 15 | | |
| | 16 | | |

Event 1 Indoor Pentathlon: #3 Women Shot Put

Friday 2/18/2011 - 1:15 PM

| | Name | Year School | Seed Mark |
|-----------------|-----------------------|-----------------|-----------|
| Flight 1 Finals | | | |
| 1 | 246 Pike, Jenifer | SR Seattle Pac | ND |
| 2 | 31 Overdick, Amanda | SO W Washington | ND |
| 3 | 19 Holton, Brooklyn | SO W Washington | ND |
| 4 | 290 Padrinao, Jessica | SO Simon Fraser | ND |
| 5 | 200 Smith, Marie | FR NW Nazarene | ND |
| 6 | 239 Gross, Katy | SO Seattle Pac | ND |
| 7 | 277 Barnett, Rachelle | SR Simon Fraser | ND |
| 8 | 182 Bennett, Jill | JR NW Nazarene | ND |
| 9 | 243 Nobbs, Natalie | JR Seattle Pac | ND |
| 10 | 102 Berg, Siri | JR Central Wash | ND |
| 11 | 352 Mosher, Ali | JR W Oregon | ND |
| 12 | 195 Pridgen, Laura | SO NW Nazarene | ND |
| | 13 | | |
| | 14 | | |
| | 15 | | |
| | 16 | | |

Event 18 Men 60 Meter Dash

Friday 2/18/2011 - 6:55 PM

| | Name | Year School | Seed rel |
|----------------|----------------------|-----------------|----------|
| Heat 1 Prelims | | | |
| 1 | | | |
| 2 | 126 Hogan, Anthony | SO Central Wash | 7.28 |
| 3 | 132 Nichols, Kincaid | JR Central Wash | 7.14 |

| | | | |
|---|---------------------|-----------------|------|
| 4 | 129 Mack, Bryan | JR Central Wash | 6.94 |
| 5 | 260 Bratten, Dustin | FR Seattle Pac | 7.34 |
| 6 | 363 Boyd, Dustin | SO W Oregon | 7.16 |
| 7 | 212 Henderson, Cody | FR NW Nazarene | 7.31 |
| 8 | 381 Moore, Josh | SO W Oregon | 6.97 |

Heat 2 Prelims

| | | | |
|---|-----------------------|-----------------|------|
| 1 | | | |
| 2 | 304 Nicolas, Dennis | SR Simon Fraser | 7.26 |
| 3 | 325 Brown, Edd | SO St. Martin's | 7.32 |
| 4 | 206 Colby, Cameron | SO NW Nazarene | 7.32 |
| 5 | 361 Alexander, Bobby | SO W Oregon | 7.06 |
| 6 | 380 McFadden, Donavan | FR W Oregon | 7.22 |
| 7 | 175 Pangilinan, Mark | FR W Washington | 7.07 |
| 8 | 310 Tilley, Alex | JR W Washington | 6.91 |

Event 26 Men 200 Meter Dash

=====

Saturday 2/19/2011 - 1:00 PM

| Name | Year | School | Seed |
|-------|------|--------|------|
| ===== | | | |

Section 1 Timed Finals

| | | | |
|---|----------------------|-----------------|-------|
| 1 | | | |
| 2 | 325 Brown, Edd | SO St. Martin's | 23.97 |
| 3 | 132 Nichols, Kincaid | JR Central Wash | 22.96 |
| 4 | 261 Duncan, Dusty | FR Seattle Pac | 22.81 |
| 5 | 363 Boyd, Dustin | SO W Oregon | 22.84 |
| 6 | 206 Colby, Cameron | SO NW Nazarene | 23.35 |

Section 2 Timed Finals

| | | | |
|---|-----------------------|-----------------|-------|
| 1 | | | |
| 2 | | | |
| 3 | 214 Hope, Maurus | JR NW Nazarene | 22.62 |
| 4 | 391 Yakovich, Anthony | SO W Oregon | 22.54 |
| 5 | 381 Moore, Josh | SO W Oregon | 22.58 |
| 6 | 129 Mack, Bryan | JR Central Wash | 22.76 |

Section 3 Timed Finals

| | | | |
|---|--------------------|-----------------|-------|
| 1 | | | |
| 2 | | | |
| 3 | 310 Tilley, Alex | JR W Washington | 22.53 |
| 4 | 298 Boss, Andrew | SR Simon Fraser | 22.05 |
| 5 | 207 Curtis, Andrew | FR NW Nazarene | 22.37 |
| 6 | 371 Kaino, Matt | SO W Oregon | 22.54 |

Event 22 Men 400 Meter Dash

=====

Saturday 2/19/2011 - 12:05 PM

| | Name | Year School | Seed |
|-----------|------------------------|-----------------|-------|
| ===== | | | |
| Section 1 | Timed Finals | | |
| 1 | | | |
| 2 | | | |
| 3 | 384 Rhodes, Kody | FR W Oregon | 52.89 |
| 4 | 262 Endresen, Ryan | SO Seattle Pac | 51.55 |
| 5 | 168 Mossey, Logan | SO Msu-Billings | 52.25 |
| 6 | 327 Grossaint, Cameron | SO St. Martin's | 53.08 |

Section 2 Timed Finals

| | | | |
|---|---------------------|-----------------|-------|
| 1 | | | |
| 2 | | | |
| 3 | 131 Morrison, Scott | SO Central Wash | 51.03 |
| 4 | 369 Gaines, Eric | FR W Oregon | 50.79 |
| 5 | 213 Hill, Dan | SR NW Nazarene | 50.79 |
| 6 | 64 Darling, Logan | SO W Washington | 51.22 |

Section 3 Timed Finals

| | | | |
|---|----------------------|-----------------|-------|
| 1 | | | |
| 2 | 211 Heidegger, Ben | JR NW Nazarene | 50.77 |
| 3 | 119 Alexander, Colin | FR Central Wash | 50.57 |
| 4 | 261 Duncan, Dusty | FR Seattle Pac | 50.36 |
| 5 | 214 Hope, Maurus | JR NW Nazarene | 50.37 |
| 6 | 65 David, Toby | SR W Washington | 50.59 |

Section 4 Timed Finals

| | | | |
|---|-----------------------|-----------------|-------|
| 1 | | | |
| 2 | 303 Montrose, Brett | SO Simon Fraser | 50.34 |
| 3 | 207 Curtis, Andrew | FR NW Nazarene | 49.59 |
| 4 | 298 Boss, Andrew | SR Simon Fraser | 48.37 |
| 5 | 371 Kaino, Matt | SO W Oregon | 49.36 |
| 6 | 391 Yakovich, Anthony | SO W Oregon | 50.24 |

Event 24 Men 800 Meter Run 6-bck 3-frt

=====

Saturday 2/19/2011 - 12:40 PM

| | Name | Year School | Seed |
|-----------|-------------------|-----------------|---------|
| ===== | | | |
| Section 1 | Timed Finals | | |
| 1 | 331 Patti, Joseph | SO St. Martin's | 1:59.09 |
| 2 | 301 Liu, Yubai | SR Simon Fraser | 1:57.37 |

| | | | |
|---|------------------------|-----------------|---------|
| 3 | 225 Webb, Justin | SO NW Nazarene | 1:59.09 |
| 4 | 171 Robinson, Chase | FR Msu-Billings | 1:58.65 |
| 5 | 267 Sleight, Nathanael | JR Seattle Pac | 1:59.06 |
| 6 | 120 Armstrong, Zach | FR Central Wash | 2:02.11 |
| 7 | 386 Shogren, Michael | FR W Oregon | 1:58.19 |
| 8 | 305 Reid, Adam | JR Simon Fraser | 1:57.00 |
| 9 | 162 Blomback, Ryan | SO Msu-Billings | 1:58.68 |

Section 2 Timed Finals

| | | | |
|---|-----------------------|-----------------|---------|
| 1 | 83 Hopper, Dylan | FR W Washington | 1:56.40 |
| 2 | 375 Larson, Kyle | JR W Oregon | 1:53.93 |
| 3 | 378 Massari, Zach | JR W Oregon | 1:55.84 |
| 4 | 383 Reed, Chris | SR W Oregon | 1:54.47 |
| 5 | 221 Stark, Matt | JR NW Nazarene | 1:55.05 |
| 6 | 365 Chapman, Ryan | SO W Oregon | 1:56.59 |
| 7 | 266 Seeley, Nathan | SO Seattle Pac | 1:54.45 |
| 8 | 306 Vugteveen, Travis | FR Simon Fraser | 1:53.08 |
| 9 | 373 Kasler, Connor | SO W Oregon | 1:55.81 |

Event 20 Men 1 Mile Run

=====

Saturday 2/19/2011 - 11:25 AM

| | Name | Year School | Seed |
|------------------------|------------------------|-----------------|---------|
| ===== | | | |
| Section 1 Timed Finals | | | |
| 1 | 308 Young, James | SO Simon Fraser | 4:20.57 |
| 2 | 123 Eidsmoe, Ryan | FR Central Wash | 4:28.94 |
| 3 | 300 Dhanani, Samir | JR Simon Fraser | 4:21.09 |
| 4 | 258 Baker, AJ | SO Seattle Pac | 4:28.49 |
| 5 | 268 Wahlenmaier, Jacob | SR Seattle Pac | 4:24.78 |
| 6 | 259 Bradford, Evan | FR Seattle Pac | 4:26.01 |
| 7 | 87 Johnson, Kyle | JR W Washington | 4:25.78 |
| 8 | 170 Potter, Brian | JR Msu-Billings | 4:25.90 |
| 9 | 52 Abraham, Nick | JR W Washington | 4:25.15 |
| 10 | 367 Fenley, Lukas | SO W Oregon | 4:23.50 |
| 11 | 365 Chapman, Ryan | SO W Oregon | 4:21.08 |

Section 2 Timed Finals

| | | | |
|---|------------------------|-----------------|---------|
| 1 | 383 Reed, Chris | SR W Oregon | 4:09.39 |
| 2 | 389 Sprinkle, Dan | JR W Oregon | 4:20.15 |
| 3 | 265 Meis, Chad | SR Seattle Pac | 4:15.88 |
| 4 | 307 Wakefield, Brett | SR Simon Fraser | 4:19.99 |
| 5 | 299 Brockerville, Ryan | SR Simon Fraser | 4:18.21 |
| 6 | 330 Hunt, Spencer | JR St. Martin's | 4:19.67 |

| | | | |
|----|----------------------|-----------------|---------|
| 7 | 386 Shogren, Michael | FR W Oregon | 4:18.64 |
| 8 | 305 Reid, Adam | JR Simon Fraser | 4:18.24 |
| 9 | 224 Watson, Barak | SO NW Nazarene | 4:15.98 |
| 10 | 375 Larson, Kyle | JR W Oregon | 4:14.04 |
| 11 | | | |

Event 28 Men 5000 Meter Run

=====

Saturday 2/19/2011 - 1:25 PM

| | Name | Year School | Seed |
|------------------------|-----------------------|-----------------|----------|
| ===== | | | |
| Section 1 Timed Finals | | | |
| 1 | 372 Karr, Justin | SR W Oregon | NT |
| 2 | 99 Medhaug, Blake | SR W Washington | 15:02.17 |
| 3 | 57 Brill, Eric | SR W Washington | NT |
| 4 | 328 Harvey, Nicholas | SR St. Martin's | NT |
| 5 | 204 Baggenstos, Jesse | SO NW Nazarene | 15:59.80 |
| 6 | 179 Reedy, Tabor | FR W Washington | NT |
| 7 | 52 Abraham, Nick | JR W Washington | NT |
| 8 | 388 Snook, Brandon | SR W Oregon | NT |
| 9 | 54 Armstrong, Graham | SO W Washington | NT |
| 10 | 136 Santos, Manuel | SO Central Wash | NT |
| 11 | 333 Welling, Jordan | SR W Washington | 14:12.10 |
| 12 | 366 Elliott, Josh | FR W Oregon | NT |
| 13 | 56 Boyd, Tanner | SO W Washington | NT |
| 14 | 224 Watson, Barak | SO NW Nazarene | NT |
| 15 | 177 Peterson, Dylan | SO W Washington | NT |
| 16 | | | |
| 17 | | | |

Event 16 Men 60 Meter Hurdles

=====

Friday 2/18/2011 - 6:30 PM

| | Name | Year School | Seed rel |
|----------------|-----------------------|-----------------|----------|
| ===== | | | |
| Heat 1 Prelims | | | |
| 1 | | | |
| 2 | 262 Endresen, Ryan | SO Seattle Pac | 9.07 |
| 3 | 125 Harris, Darnell | JR Central Wash | 8.82 |
| 4 | 135 Roddewig, Brandon | SO Central Wash | 9.14 |
| 5 | 376 Loscutt, Andy | SR W Oregon | 8.65 |
| 6 | 233 Schick, Karsten | FR W Washington | 9.11 |

| | | | |
|----------------|-----------------------|-----------------|------|
| 7 | 138 Venema, Andrew | FR Central Wash | 8.83 |
| 8 | 390 Werner, Jordan | SR W Oregon | 8.60 |
| Heat 2 Prelims | | | |
| 1 | | | |
| 2 | 214 Hope, Maurus | JR NW Nazarene | 8.89 |
| 3 | 384 Rhodes, Kody | FR W Oregon | 8.86 |
| 4 | 126 Hogan, Anthony | SO Central Wash | 8.31 |
| 5 | 379 McCurdy, Kevin | FR W Oregon | 9.11 |
| 6 | 364 Campbell, Brett | FR W Oregon | 8.80 |
| 7 | 163 Easterling, Reece | FR Msu-Billings | 8.80 |
| 8 | | | |

Event 30 Men 4x400 Meter Relay

=====

Saturday 2/19/2011 - 2:10 PM

| School | Seed | Final |
|--------|------|-------|
|--------|------|-------|

=====

Section 1 Timed Finals

| | | |
|----|----------------------------|---------------------------|
| 1 | | |
| 2 | | |
| 3 | | |
| 4 | Central Washington 'A' | 3:27.90 |
| 1) | 124 Fremd, Kyle SO | 2) 120 Armstrong, Zach FR |
| 3) | 119 Alexander, Colin FR | 4) 131 Morrison, Scott SO |
| 5 | Montana State Billings 'A' | 3:29.07 |
| 1) | 169 Polkow, Lewis FR | 2) 164 Galahan, Drew FR |
| 3) | 165 Iverson, Jake FR | 4) 168 Mossey, Logan SO |
| 5) | 162 Blomback, Ryan SO | 6) |
| 6 | St. Martin's 'A' | 3:33.98 |
| 1) | 325 Brown, Edd SO | 2) 326 DeMoss, Devon FR |
| 3) | 327 Grossaint, Cameron SO | 4) 330 Hunt, Spencer JR |
| 5) | 329 Holland, Michael FR | 6) 331 Patti, Joseph SO |

Section 2 Timed Finals

| | | |
|----|------------------------|--------------------------|
| 1 | | |
| 2 | Seattle Pacific 'A' | 3:24.18 |
| 1) | 262 Endresen, Ryan SO | 2) 266 Seeley, Nathan SO |
| 3) | 260 Bratten, Dustin FR | 4) 261 Duncan, Dusty FR |
| 3 | Western Washington 'A' | 3:23.08 |
| 1) | 310 Tilley, Alex JR | 2) 64 Darling, Logan SO |
| 3) | 75 Grudzinski, Levi SO | 4) 65 David, Toby SR |
| 4 | Western Oregon 'A' | 3:20.16 |
| 1) | 363 Boyd, Dustin SO | 2) 371 Kaino, Matt SO |

- | | |
|-----------------------------|---------------------------|
| 3) 381 Moore, Josh SO | 4) 369 Gaines, Eric FR |
| 5) 391 Yakovich, Anthony SO | 6) 384 Rhodes, Kody FR |
| 7) 382 Mowery, Tim SO | 8) |
| 5 Northwest Nazarene 'A' | 3:21.17 |
| 1) 213 Hill, Dan SR | 2) 207 Curtis, Andrew FR |
| 3) 214 Hope, Maurus JR | 4) 211 Heidegger, Ben JR |
| 5) 220 Sepe, Derek JR | 6) |
| 6 Simon Fraser 'A' | 3:23.62 |
| 1) 298 Boss, Andrew SR | 2) 303 Montrose, Brett SO |
| 3) 306 Vugteveen, Travis FR | 4) 301 Liu, Yubai SR |
| 5) 304 Nicolas, Dennis SR | 6) 305 Reid, Adam JR |

Event 32 Men Distance Medley

Friday 2/18/2011 - 7:15 PM

| School | Seed | Final |
|--------|------|-------|
|--------|------|-------|

Section 1 Timed Finals

- | | |
|---------------------------|------------------------------|
| 1 | |
| 2 | |
| 3 St. Martin's 'A' | NT |
| 1) 326 DeMoss, Devon FR | 2) 327 Grossaint, Cameron SO |
| 3) 330 Hunt, Spencer JR | 4) 331 Patti, Joseph SO |
| 4 Western Washington 'A' | NT |
| 1) 52 Abraham, Nick JR | 2) 65 David, Toby SR |
| 3) 83 Hopper, Dylan FR | 4) 333 Welling, Jordan SR |
| 5 Central Washington 'A' | NT |
| 1) 123 Eidsmoe, Ryan FR | 2) 124 Fremd, Kyle SO |
| 3) 120 Armstrong, Zach FR | 4) 136 Santos, Manuel SO |
| 6 | |

Section 2 Timed Finals

- | | |
|----------------------------|------------------------------|
| 1 | |
| 2 Seattle Pacific 'A' | 10:40.01 |
| 1) 259 Bradford, Evan FR | 2) 267 Sleight, Nathanael JR |
| 3) 260 Bratten, Dustin FR | 4) 268 Wahlenmaier, Jacob SR |
| 5) 258 Baker, AJ SO | 6) |
| 3 Northwest Nazarene 'A' | 10:19.05 |
| 1) 221 Stark, Matt JR | 2) 220 Sepe, Derek JR |
| 3) 225 Webb, Justin SO | 4) 224 Watson, Barak SO |
| 5) 219 Ngeno, Benard JR | 6) |
| 4 Western Oregon 'A' | 9:55.06 |
| 1) 386 Shogren, Michael FR | 2) 382 Mowery, Tim SO |

| | |
|------------------------------|------------------------------|
| 3) 365 Chapman, Ryan SO | 4) 389 Sprinkle, Dan JR |
| 5 Simon Fraser 'A' | 10:11.33 |
| 1) 303 Montrose, Brett SO | 2) 299 Brockerville, Ryan SR |
| 3) 300 Dhanani, Samir JR | 4) 305 Reid, Adam JR |
| 5) 306 Vugteveen, Travis FR | 6) 308 Young, James SO |
| 7) 307 Wakefield, Brett SR | 8) |
| 6 Montana State Billings 'A' | 10:33.55 |
| 1) 171 Robinson, Chase FR | 2) 162 Blomback, Ryan SO |
| 3) 168 Mossey, Logan SO | 4) 170 Potter, Brian JR |
| 5) 169 Polkow, Lewis FR | 6) |

Event 14 Men High Jump

Friday 2/18/2011 - 4:15 PM

| Name | Year School | Seed Mark |
|--------------------------|-----------------|-----------|
| Flight 1 Finals | | |
| 1 205 Beaty, Bryan | FR NW Nazarene | 1.84m |
| 2 378 Massari, Zach | JR W Oregon | NH |
| 3 174 Steingruber, Brock | FR Msu-Billings | 1.81m |
| 4 58 Brown, Ryan | SR W Washington | 1.88m |
| 5 369 Gaines, Eric | FR W Oregon | 1.83m |
| 6 137 Sheriff, Tommy | SO Central Wash | 1.83m |
| 7 135 Roddewig, Brandon | SO Central Wash | 2.01m |
| 8 94 Larson, Josh | JR W Washington | 1.91m |
| 9 233 Schick, Karsten | FR W Washington | 1.96m |
| 10 362 Berkman, Elrycc | FR W Oregon | 1.83m |
| 11 121 Boyes, Brennan | SO Central Wash | 2.01m |

Event 6 Men Pole Vault

Saturday 2/19/2011 - 11:00 AM

| Name | Year School | Seed Mark |
|-------------------------|-----------------|-----------|
| Flight 1 Finals | | |
| 1 269 Zoellick, Ray | SO Seattle Pac | 4.45m |
| 2 167 Martinez, Branden | JR Msu-Billings | 4.25m |
| 3 62 Clendaniel, Tim | JR W Washington | 4.61m |
| 4 127 Hunter, Scott | FR Central Wash | 4.55m |
| 5 336 Winters, Josh | SR W Washington | 4.31m |
| 6 377 Lundy, Tim | SR W Oregon | 4.10m |
| 7 135 Roddewig, Brandon | SO Central Wash | 4.40m |

| | | | | |
|----|--------------------|------|------------|-------|
| 8 | 58 Brown, Ryan | SR W | Washington | 5.31m |
| 9 | 91 Komoto, Keenan | FR W | Washington | 4.31m |
| 10 | 230 Rosenberg, Cal | SO W | Washington | 4.76m |
| | 11 | | | |
| | 12 | | | |
| | 13 | | | |
| | 14 | | | |

Event 7 Men Long Jump

Friday 2/18/2011 - 5:00 PM

| | Name | Year | School | Seed | Mark |
|-----------------|--------------------------|------|--------------|-------|------|
| Flight 1 Finals | | | | | |
| 1 | 129 Mack, Bryan | JR | Central Wash | 6.30m | |
| 2 | 216 Larlee, Stephen | FR | NW Nazarene | 6.42m | |
| 3 | 174 Steingruber, Brock | FR | Msu-Billings | 6.35m | |
| 4 | 304 Nicolas, Dennis | SR | Simon Fraser | 6.54m | |
| 5 | 62 Clendaniel, Tim | JR | W Washington | 6.45m | |
| 6 | 302 Moldanov, Sviatoslav | SR | Simon Fraser | 6.47m | |
| 7 | 370 Hyde, Jake | SO | W Oregon | 6.57m | |
| 8 | 374 Lane, Kyle | FR | W Oregon | 6.86m | |
| 9 | 173 Stein, Shae | FR | Msu-Billings | 6.31m | |
| 10 | 130 Melo, Manny | FR | Central Wash | 6.74m | |
| | 11 | | | | |
| | 12 | | | | |

Event 11 Men Triple Jump

Saturday 2/19/2011 - 11:15 AM

| | Name | Year | School | Seed | Mark |
|-----------------|--------------------------|------|--------------|--------|------|
| Flight 1 Finals | | | | | |
| 1 | 130 Melo, Manny | FR | Central Wash | 13.07m | |
| 2 | 216 Larlee, Stephen | FR | NW Nazarene | 14.14m | |
| 3 | 62 Clendaniel, Tim | JR | W Washington | 12.75m | |
| 4 | 122 Cho, James | JR | Central Wash | 13.36m | |
| 5 | 368 Franklin, Zach | FR | W Oregon | 12.79m | |
| 6 | 302 Moldanov, Sviatoslav | SR | Simon Fraser | 13.99m | |
| 7 | 370 Hyde, Jake | SO | W Oregon | 13.04m | |
| 8 | 129 Mack, Bryan | JR | Central Wash | 14.44m | |
| 9 | 210 Greene, Tim | SR | NW Nazarene | ND | |

Event 13 Men Shot Put

Friday 2/18/2011 - 6:00 PM

| | Name | Year School | Seed Mark |
|-----------------|---------------------|-----------------|-----------|
| Flight 1 Finals | | | |
| 1 | 128 Jensen, Mike | SO Central Wash | 14.99m |
| 2 | 385 Schryvers, Matt | SR W Oregon | 13.30m |
| 3 | 387 Slowey, Jason | SR W Oregon | 14.59m |
| 4 | 71 Gilbert, Jacob | SO W Washington | 14.07m |
| 5 | 334 Westlin, Nelson | SO W Washington | 14.16m |
| 6 | 133 Potes, Jesse | SO Central Wash | 14.29m |
| 7 | 82 Hoffman, Michael | SR W Washington | 13.61m |
| 8 | 172 Rottrup, Tanner | SO Msu-Billings | 15.01m |
| 9 | 209 Fenters, Jordan | SR NW Nazarene | 15.44m |
| 10 | 134 Ramirez, Daniel | FR Central Wash | 13.34m |
| 11 | 68 Elder, Ben | SR W Washington | 14.62m |
| 12 | 166 Jensen, Bryce | JR Msu-Billings | 13.29m |
| 13 | 217 Miller, Grant | SR NW Nazarene | 15.53m |

Event 9 Men Weight Throw

Saturday 2/19/2011 - 10:00 AM

| | Name | Year School | Seed Mark |
|-----------------|------------------------|-----------------|-----------|
| Flight 1 Finals | | | |
| 1 | 142 Nichols, Tyler | JR W Washington | 13.58m |
| 2 | 71 Gilbert, Jacob | SO W Washington | 12.67m |
| 3 | 139 Michaelson, Bryant | SR W Washington | 13.40m |
| 4 | 133 Potes, Jesse | SO Central Wash | 13.90m |
| 5 | 134 Ramirez, Daniel | FR Central Wash | 13.61m |
| 6 | 208 Estrada, Diego | SR NW Nazarene | 13.36m |
| 7 | 215 Korb, Jesse | FR NW Nazarene | 13.96m |
| 8 | 264 Martin, Billy | SO Seattle Pac | 13.79m |
| 9 | | | |
| Flight 2 Finals | | | |
| 1 | 209 Fenters, Jordan | SR NW Nazarene | 15.77m |
| 2 | 217 Miller, Grant | SR NW Nazarene | 17.88m |
| 3 | 82 Hoffman, Michael | SR W Washington | 17.42m |
| 4 | 128 Jensen, Mike | SO Central Wash | 15.63m |
| 5 | 68 Elder, Ben | SR W Washington | 14.92m |

| | | | |
|---|---------------------|-----------------|--------|
| 6 | 385 Schryvers, Matt | SR W Oregon | 15.96m |
| 7 | 387 Slowey, Jason | SR W Oregon | 16.48m |
| 8 | 137 Sheriff, Tommy | SO Central Wash | 14.24m |
| 9 | 226 Williams, Elmer | SO NW Nazarene | 14.12m |

Event 2 Heptathlon: #1 Men 60 Meter Dash

Friday 2/18/2011 - 10:15 AM

| | Name | Year School | Seed |
|------------------------|------------------------|-----------------|------|
| Section 1 Timed Finals | | | |
| 1 | | | |
| 2 | 376 Loscutoff, Andy | SR W Oregon | NT |
| 3 | 210 Greene, Tim | SR NW Nazarene | NT |
| 4 | 329 Holland, Michael | FR St. Martin's | NT |
| 5 | 218 Montgomery, Stuart | SR NW Nazarene | NT |
| 6 | 263 Johnson, Nate | SO Seattle Pac | NT |
| 7 | 205 Beaty, Bryan | FR NW Nazarene | NT |

Section 2 Timed Finals

| | | | |
|---|------------------------|-----------------|----|
| 1 | | | |
| 2 | | | |
| 3 | 138 Venema, Andrew | FR Central Wash | NT |
| 4 | 223 Wade, Mark | JR NW Nazarene | NT |
| 5 | 273 Stralser, Michael | FR W Washington | NT |
| 6 | 174 Steingruber, Brock | FR Msu-Billings | NT |
| 7 | 222 Steiglitz, Tim | SO NW Nazarene | NT |
| 8 | | | |

Event 2 Heptathlon: #5 Men 60 Meter Hurdles

Saturday 2/19/2011 - 8:00 AM

| | Name | Year School | Seed |
|------------------------|-----------------------|-----------------|------|
| Section 1 Timed Finals | | | |
| 1 | | | |
| 2 | 222 Steiglitz, Tim | SO NW Nazarene | NT |
| 3 | | | |
| 4 | 273 Stralser, Michael | FR W Washington | NT |
| 5 | | | |
| 6 | 376 Loscutoff, Andy | SR W Oregon | NT |
| 7 | | | |

| | | | | |
|------------------------|-----|--------------------|-----------------|----|
| 8 | 263 | Johnson, Nate | SO Seattle Pac | NT |
| Section 2 Timed Finals | | | | |
| | 1 | | | |
| 2 | 218 | Montgomery, Stuart | SR NW Nazarene | NT |
| | 3 | | | |
| 4 | 210 | Greene, Tim | SR NW Nazarene | NT |
| | 5 | | | |
| 6 | 138 | Venema, Andrew | FR Central Wash | NT |
| | 7 | | | |
| 8 | 329 | Holland, Michael | FR St. Martin's | NT |
| Section 3 Timed Finals | | | | |
| | 1 | | | |
| 2 | 205 | Beaty, Bryan | FR NW Nazarene | NT |
| | 3 | | | |
| 4 | 223 | Wade, Mark | JR NW Nazarene | NT |
| | 5 | | | |
| 6 | 174 | Steingruber, Brock | FR Msu-Billings | NT |
| | 7 | | | |
| | 8 | | | |

Event 2 Heptathlon: #4 Men High Jump

Friday 2/18/2011 - 1:30 PM

| | Name | Year School | Seed Mark |
|-----------------|------------------------|-----------------|-----------|
| ===== | | | |
| Flight 1 Finals | | | |
| 1 | 138 Venema, Andrew | FR Central Wash | NH |
| 2 | 223 Wade, Mark | JR NW Nazarene | NH |
| 3 | 273 Stralser, Michael | FR W Washington | NH |
| 4 | 263 Johnson, Nate | SO Seattle Pac | NH |
| 5 | 218 Montgomery, Stuart | SR NW Nazarene | NH |
| 6 | 210 Greene, Tim | SR NW Nazarene | NH |
| 7 | 205 Beaty, Bryan | FR NW Nazarene | NH |
| 8 | 376 Loscutoff, Andy | SR W Oregon | NH |
| 9 | 329 Holland, Michael | FR St. Martin's | NH |
| 10 | 174 Steingruber, Brock | FR Msu-Billings | NH |
| 11 | 222 Steiglitiz, Tim | SO NW Nazarene | NH |
| | 12 | | |
| | 13 | | |
| | 14 | | |
| | 15 | | |
| | 16 | | |

Event 2 Heptathlon: #6 Men Pole Vault

=====

Saturday 2/19/2011 - 8:40 AM

| | Name | Year School | Seed Mark |
|----------|------------------------|-----------------|-----------|
| ===== | | | |
| Flight 1 | Finals | | |
| 1 | 210 Greene, Tim | SR NW Nazarene | NH |
| 2 | 263 Johnson, Nate | SO Seattle Pac | NH |
| 3 | 174 Steingruber, Brock | FR Msu-Billings | NH |
| 4 | 138 Venema, Andrew | FR Central Wash | NH |
| 5 | 273 Stralser, Michael | FR W Washington | NH |
| 6 | 376 Loscutoff, Andy | SR W Oregon | NH |
| 7 | 222 Steiglitz, Tim | SO NW Nazarene | NH |
| 8 | 223 Wade, Mark | JR NW Nazarene | NH |
| 9 | 205 Beaty, Bryan | FR NW Nazarene | NH |
| 10 | 218 Montgomery, Stuart | SR NW Nazarene | NH |
| 11 | 329 Holland, Michael | FR St. Martin's | NH |
| | 12 | | |
| | 13 | | |
| | 14 | | |
| | 15 | | |
| | 16 | | |

Event 2 Heptathlon: #2 Men Long Jump

=====

Friday 2/18/2011 - 10:55 AM

| | Name | Year School | Seed Mark |
|----------|------------------------|-----------------|-----------|
| ===== | | | |
| Flight 1 | Finals | | |
| 1 | 263 Johnson, Nate | SO Seattle Pac | ND |
| 2 | 205 Beaty, Bryan | FR NW Nazarene | ND |
| 3 | 218 Montgomery, Stuart | SR NW Nazarene | ND |
| 4 | 222 Steiglitz, Tim | SO NW Nazarene | ND |
| 5 | 223 Wade, Mark | JR NW Nazarene | ND |
| 6 | 174 Steingruber, Brock | FR Msu-Billings | ND |
| 7 | 210 Greene, Tim | SR NW Nazarene | ND |
| 8 | 138 Venema, Andrew | FR Central Wash | ND |
| 9 | 273 Stralser, Michael | FR W Washington | ND |
| 10 | 329 Holland, Michael | FR St. Martin's | ND |
| 11 | 376 Loscutoff, Andy | SR W Oregon | ND |
| | 12 | | |

13
14
15
16

Event 2 Heptathlon: #3 Men Shot Put

=====

Friday 2/18/2011 - 12:15 PM

| Name | | Year School | Seed Mark |
|-----------------|------------------------|-----------------|-----------|
| | | | |
| ===== | | | |
| Flight 1 Finals | | | |
| 1 | 263 Johnson, Nate | SO Seattle Pac | ND |
| 2 | 222 Steiglitz, Tim | SO NW Nazarene | ND |
| 3 | 273 Stralser, Michael | FR W Washington | ND |
| 4 | 210 Greene, Tim | SR NW Nazarene | ND |
| 5 | 218 Montgomery, Stuart | SR NW Nazarene | ND |
| 6 | 329 Holland, Michael | FR St. Martin's | ND |
| 7 | 223 Wade, Mark | JR NW Nazarene | ND |
| 8 | 174 Steingruber, Brock | FR Msu-Billings | ND |
| 9 | 138 Venema, Andrew | FR Central Wash | ND |
| 10 | 376 Loscutoff, Andy | SR W Oregon | ND |
| 11 | 205 Beaty, Bryan | FR NW Nazarene | ND |
| 12 | | | |
| 13 | | | |
| 14 | | | |
| 15 | | | |
| 16 | | | |

7 PM

=====

im Time

=====

=====